



4th Indo-UK Rheumatology Summit 2018 Rheumatology Masterclasses



Dear Friend,

Welcome to Calicut, Kerala for the **4th Indo-UK Rheumatology Summit**. Themed as **Rheumatology Masterclasses**, this international meeting has a focus on three important conditions i.e. **Myositis, Rheumatoid Arthritis** and **Osteoporosis**. We thank all the chairpersons, judges and delegates for their kind support and overwhelming response.

Day 1 (Saturday, 3rd February) starts with **Setting the Context** session to set the tone for the conference. This is followed by **State of the Art Lectures** by the world's foremost leaders in their respective fields. Each lecture is followed by **Case Report Presentations** by young rheumatologists and in depth discussions to delineate the clinical challenge and put forth the practice point. Please do enjoy the breadth of Rheumatology by visiting the **Posters** displayed by the trainees.

Day 2 (Sunday, 4th February) starts with **Meet the Professor** session where our entire faculty from abroad cover important and clinically relevant topics with select group of delegates. **The Masters Debate**, a clash of the titans is the special highlight of this meeting which will provoke you to reappraise your practice. The meeting ends with **Essential Rheumatology** session with 3 topics to help your everyday practice and presentations of challenging and unusual cases by the trainees.

We are looking forward to your company.

Best wishes

Organizing team

On behalf of the IRA Kerala Chapter

Dr. Remesh Bhasi
Organizing Chairman

Dr. Padmakumar B
Organizing Vice Chairman

Dr. Jayachandran NV
Scientific Chair

Dr. Anoo PP
Joint-Organizing Secretary

Dr. E Sukesh
In-charge Hospitality

Dr Suma Balan
In-charge Souvenir

Academic Coordinator
(National)
Dr. Indrajit Agrawal

Academic Coordinator
(International)
Dr. Kaushik Chaudhuri

Organizing secretary
Dr. Vinod Ravindran
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Indo UK Rheumatology Summit 2018 Final Programme

Day 1 Saturday 3rd February 2018

Timing	Topics	Speakers	Chairpersons
Session 1: Setting the context			
09.00 am - 10.00 am	Case presentations	Dr. Chethana Dharmapalaiah (Bengaluru) Dr. Deonis Xess (Ranchi) Dr. Rajendra Varaprasad (Hyderabad) Dr. Rahul Jain (Jaipur) Dr. Arun Hegde (Delhi) Dr. Mohit Goyal (Udaipur)	Dr. V P Pandey (Indore) Dr. Namisha Patel (Ahmedabad) Dr. Pradip Sarma (Guwahati)
Discussants - Dr. Ernest Choy (UK) & Dr. Suma Balan (Kochi)			
Session 2: Myositis			
10.00 am - 10.50 am	<u>State of the art 1</u> Assessing suspected myositis: Challenges & pitfalls	Dr. Robert Cooper (UK)	Dr. KM Mahendranath (Bengaluru) Dr. Debashish Danda (Vellore)
10.50 am - 11.30 am	Case presentations	Dr. Sourabh Malviya (Indore) Dr. Deepti Patel (Mumbai) Dr. Pravin Patil (Pune) Dr. Durga P Misra (Lucknow)	Dr. CP Rajendran (Chennai) Dr. DS Bhakuni (Lucknow)
Discussant - Dr. Rohit Aggarwal (USA)			
11.30 am - 12.00 pm	Inauguration, Release of souvenir	Dr. Binoy J Paul (Calicut), Dr. Remesh Bhasi (Calicut), Dr. Indrajit Agrawal (Gurugram), Dr. Kaushik Chaudhuri (UK)	
Tea/Coffee			
12.00 pm - 12.50 pm	<u>State of the art 2</u> Management of Myositis	Dr. Rohit Aggarwal (USA)	Dr. Ashok Kumar (Delhi) Dr. S Shankar (Bengaluru)
12.50 pm - 01.30 pm	Case presentations	Dr. Neeraj Jain (Delhi), Dr. Suresh Audimoolam (Vizag) Dr. Vijay K Rao (Bengaluru) Dr. Rajkiran Dudam (Hyderabad)	Dr. Anupam Wakhlu (Lucknow) Dr. Sumeet Agrawal (Delhi)
Discussant - Dr. Robert Cooper (UK)			
01.30 pm - 02.30 pm	Poster viewing/ Lunch		
Session 3: Rheumatoid Arthritis			
02.30 pm - 03.20 pm	<u>State of the art 3</u> Understanding Rheumatoid Arthritis: Are we there yet?	Dr. Ernest Choy (UK)	Dr. G Narsimulu (Hyderabad) Dr. S Rajeswari (Chennai)
03.20 pm - 04.00 pm	Case presentations	Dr. Uma Karjige (Bengaluru) Dr. Shashank Akerkar (Mumbai) Dr. Subramanian R (Mysuru) Dr. Pradeep Kumar (Bengaluru)	Dr. Jyotsana Oak (Mumbai) Dr. Aman Sharma (Chandigarh)
Discussant - Dr. Ernest Choy (UK)			
04.00 pm - 04.30 pm	Tea/Coffee		
Session 4: Bone health & Osteoporosis			
04.30 pm - 05.20 pm	<u>State of the art 4</u> Prevention of fragility fractures: A global perspective on current & future strategies	Dr. Eugene McCloskey (UK)	Dr. V Krishnamurthy (Chennai) Dr. John Mathew (Vellore)
05.20 pm - 06.00 pm	Case presentations	Dr. Bimlesh Pandey (NCR) Dr. S Nallasivan (Tirunenveli) Dr. S Sham (Chennai) Dr. Himanshu Pathak (Vadodara)	Dr. SC Mouli Veeravalli (Hyderabad) Dr. S Chandrashekara (Bengaluru)
Discussant - Dr. Eugene McCloskey (UK)			
07.30 pm	Dinner		



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Day 2 Sunday 4th February 2018

Timing	Topics	Speakers	Chairpersons
Session 5 : Meet the professors			
08.30 am - 09.30 am	Meet the professors (Please Register)		
Session 6: Masters Debate			
09.45 am - 10.45 am	This house believes that “While managing RA, Treat-to-Target strategy is not relevant in India”	Against : Dr. AN Malaviya (India) For: Dr. Ernest Choy (UK)	Dr. Sukumar Mukherjee (Kolkata) Dr. URK Rao (Hyderabad) Dr. BG Dharmanand (Bengaluru) Dr. R Ravichandran (Chennai)
10.45 am - 11.15 am	Tea/coffee		
Session 7: Essential Rheumatology			
11.15 am - 11.40 am	Diagnosis vs Classification criteria in rheumatology	Dr. Rohit Aggrawal (USA)	Dr. Vineetha Shoba (Bengaluru) Dr. PD Rath (Delhi)
11.45 am - 12.10 pm	“Autoantibodies in Rheumatology: Keep or discard?”	Dr. Robert Cooper (UK)	Dr. Ramesh Jois (Bengalore) Dr. Arul Rajamurugan (Madurai)
12.15 pm - 12.40 pm	3 controversies in the osteoporosis management	Dr. Eugene McCloskey (UK)	Dr. Vishal Marwaha (Kochi) Dr. TN Tamilselvam (Chennai)
12.45 pm - 01.45 pm	Case presentations	Presentations by trainees	Dr. Ved Chaturvedi (Delhi) Dr. PV Bhargavan (Calicut) Dr. George Kallarackal (Kochi) Dr. B Padmakumar (Alleppey)
02.00 pm	Vote of thanks & Lunch		Dr. Anoop PP (Calicut)



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Poster presentations

01.30 pm - 02.30 pm, Saturday 3rd February 2018*

Please visit over 60 posters displayed by enthusiastic trainees and enjoy the breadth of rheumatology.

Poster judges

Dr. Madan Mohan (Thrissur)
Dr. Balakrishnan Valliyot (Pariyaram)
Dr. Jayachandran NV (Calicut)
Dr. Able Lawrence (Lucknow)
Dr. Molly Thabah (Puducherry)
Dr. P Damodaram (Tirupati)
Dr. E Sukesh (Calicut)

(Poster evaluation time 04.00pm - 4.30 pm, Saturday 3rd February 2018)*

*Trainees must be present by their posters during both time slots

Meet the professors

08.30 am - 09.30 am, Sunday 4th February 2018

Please meet the professors to discuss “hot topics” and learn practice tips.

Topics

Management of co morbidities in RA
Gauging response to therapy in CTD-ILD
Interpretation of DEXA in managing osteoporosis
Myositis Q & As & Specialized service provision
Pursuing rheumatology training in the UK

Faculty

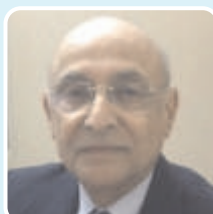
Dr. Ernest Choy & Dr. C Balakrishnan (Mumbai)
Dr. Rohit Aggrawal & Dr. Padmanabha Shenoy (Kochi)
Dr. Eugene McCloskey & Dr. GD Choudhury (Lucknow)
Dr. Robert Cooper & Dr. Liza Rajasekhar (Hyderabad)
Dr. Kaushik Chaudhuri (UK)



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Faculty



Prof. Anand N Malaviya MD, FRCP

Ex Head of the Department of Medicine & Chief of Clinical Immunology and Rheumatology Services,
All-India Institute of Medical Sciences, New Delhi
Visiting Sr. Consultant Rheumatologist ISIC Superspeciality Hospital,
New Delhi.



Prof. Ernest Choy MD, FRCP

Head of Rheumatology and Translational Research,
Division of Infection and Immunity,
Director of Arthritis Research UK CREATE Centre and Welsh Arthritis Research Network (WARN),
Cardiff University School of Medicine,
Cardiff, UK



Prof. Eugene McCloskey MD, FRCPI

Professor in Adult Bone Disease,
Department of Oncology & Metabolism,
Metabolic Bone Centre,
University of Sheffield,
Sheffield, UK



Prof. Robert Cooper MD FRCP

Professor of Medicine (Muscle & Rheumatology),
MRC/ARUK Institute of Ageing and Chronic Disease
University of Liverpool,
Liverpool, UK



Prof. Rohit Aggrawal MD MS

Medical Director, Arthritis and Autoimmunity Center,
Co-director, UPMC Myositis Center,
Division of Rheumatology and Clinical Immunology,
Department of Medicine,
University of Pittsburgh,
USA