



IRA E-BULLETIN : ISSUE 2 | APRIL 2020

Dear friends,

Greetings from the editorial team in these turbulent unprecedented circumstances wherein zoonotic viral onslaught has sent mankind sending into a fuzzy twirl. Transcending across human made states and country borders, corona virus has brought to forefront our medical inadequacies and subjugated the dominance and supremacy of Homo-sapiens. I wonder if we are witnessing and living through a step towards adaptive evolution.

This edition is themed around “Myositis”. As I promised in the January edition, this newsletter brings to you two ‘home-made’ educational videos. Easy technique of ‘conchotome muscle biopsy’ is executed by Dr Chanakya and complexities of Muscle histopathology are explained by ‘Virtual Inventive Teacher’ Prof Anita Mahadevan, Neuropathologist, NIMHANS. These are ‘must watch’ sections for young trainees and quick review for all. Another interesting new addition is a cross-word themed around myositis by Dr Devender Bairwa and the history of myositis by Dr Vikram Raj Jain. ‘Expert speak’- information for non-medicos is rendered by passionate academician Dr Liza Rajasekhar.

IRA Image bank team (Dr Sanket et al) have collated stupendous images themed around myositis and highlighted learning points. Dr Shankar has reviewed prominent international publications in the last one year and Dr Avinash has collated the same from India for ‘Made in India’ section. As one can see, we have a wealth of clinical work from our country, transforming these from abstracts to publications would put our country on the forefront. Dr Phani has explained ‘Myositis Outcome Measures’ in an easy-to-understand manner.

Poetess for this edition is Dr Anupama Kumar, narrating “A Juvenile’s Diary” and story of a juvenile scleromyositis. Support group activities by Dr Alakendu Ghosh’s team at IPGMER is written by Dr Rashmi, DM resident, along with a diagnostic/therapeutic dilemma.

We have also recently compiled and circulated a section on CoVid-19 for the benefit of our patient community taking inputs from Dr Able Lawrence and Prof Alakendu Ghosh.

Once again, I request all youngsters to send us any interesting write ups about your research, difficult cases, interesting radiology or even new rheumatological or non- rheumatological ventures. Young trainees, please look up the Secretary's message for information regarding various fellowship opportunities and grants.

Lastly, I am pleased to introduce a young enthusiastic core editorial team - Avinash Jain, Chanakya K, Rashmi R, Shankar Naidu, Suvrat Arya (in alphabetical order) who have spent countless hours to refine this bulletin. I hope you all enjoy this piece as much as we did fine tuning it. Please remember to publicize it on facebook, Twitter, Instagram or any other Social Media platforms.

Stay tuned for the next newsletter with more innovations. Let me end with this quote-

An ounce of prevention is worth a pound of cure- Benjamin Franklin



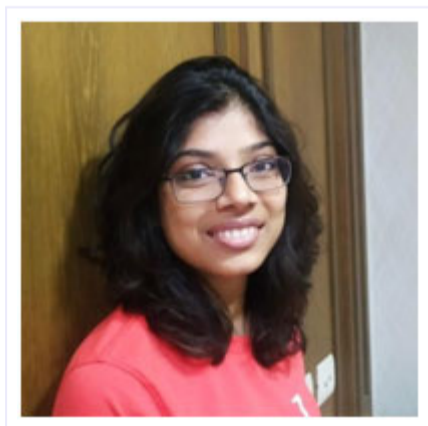
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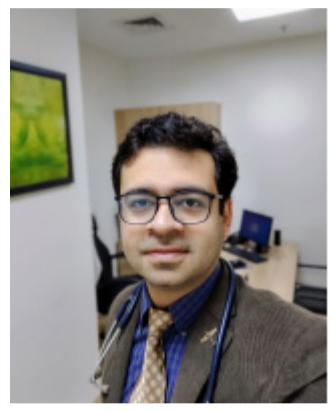


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