



IRA E-BULLETIN : ISSUE 1 | JANUARY 2020

IRA UPDATE

President's Message

IRA newsletter is the platform for stimulating our brain with news and views in the world of rheumatology. Knowledge always needs to move and to be shared among the brilliant brains so that we can identify our knowledge gap and enrich ourselves. E-newsletter is to be utilized as our space for transforming our knowledge to wisdom. Empowerment of patient in management decision making is also an important area, which we feel also needs to be shared in this stimulating platform. Our new editor is already making an exciting plan to take this newsletter to a greater height. Wish you all the best and best wishes to our e-newsletter.



Dr. Alakendu Ghosh,

DNB (Medicine), FRCP (Lond.) Professor & Head of the Department of Clinical Immunology & Rheumatology. IPGMER Kolkata. President, Indian Rheumatology Association.



Sapan Pandya,
Secretary, IRA.

Dear all,

New year greetings from the IRA office. As the dust of the magnificently conducted IRACON 2019 at JIPMER Puducherry settles, the hope and promise of a better year, lesser but more informative CMEs round the year at different corners of the country, more robust evidence FROM our research through publications (by the ever so energetic young brigade of the IRA mentored by the seniors), an indexed IJR (PubMed), entertaining newsletter, awards/orations, the next IRACON 2020 which is to be at Indore (and the 2021 at Hyderabad), and finally more and more patient awareness CMEs (round the year that will also help in building cohorts so that the source of all science—the patients benefit), rises.

Among the forthcoming meets are the LUPUS meet at Kolkata, 11th and 12th January 2020 and the IRA plans to involve the Rheuma YUVA (the young IRA members) into its activities in the coming year. The new office bearers spear headed by Dr. Alakendu Ghosh will endeavor to carry forward the 'never rest, keep working' attitude of the predecessors.

Time to note the following last dates of applications :

1. From the APLAR:

APPLICATION CLOSING DATE: FRIDAY, 21 FEBRUARY 2020

Applications for the following grants are now OPEN.

Fellowship Grant 2020

Research Grant 2020

COPCORD Grant 2020

Kindly note that we have revised the application requirements and disbursement of funds. Information can be found on the [APLAR website](#).

Please note that for applicants who wish to apply for a fellowship program in Singapore, a separate grant— FPH-SSR-APLAR Fellowship Grant is available for your application. Application information and form are available at [Singapore Society Rheumatology \(SSR\) website](#).

Application forms and information documents can be found on the website. All grant applications are to be received via email and must be addressed to secretariat@aplar.org.

2. IRA- BSR exchange fellowship:

APPLICATION CLOSING DATE: 31st March 2020

Applications are invited for IRA-BSR exchange fellowship (two posts); interested candidates can send their CV by 31st March to Secretary IRA. Amount: 1.0 lacs INR for each fellow. Contact persons: Dr. Vankat, Dr Chaudhuri Kaushik

3. IRA Research grants:

ROUND THE YEAR

IRA will award up to ten research grants of Rs 1 lakh each to members less than 45 years of age. Please send an A3 page copy of your proposal, with brief introduction, key question (s), novelty in the project, brief methodology, budget and ten key references to the secretary, IRA.

4. IRA Medical College CME:

ROUND THE YEAR

1. Total expenditure should be 1 lacs INR, 50% amount IRA pay in advance and remaining 50% after submitting utilization certificate from nodal person along with bills and few photographs of CME.
2. At least one senior IRA person/or EC member of that locality should be part of faculty (His or her travel and accommodation expenses to be paid by nodal person from IRA 1 lacs INR amount only.).
3. CME should cover basics of rheumatology, e.g. history taking, physical examination, lab work up in rheumatology, management of inflammatory arthritis and CTDs, minimum of 3 h teaching.
4. No pharma participation in any form.

Should you need any more details or have any queries regarding any matter related to the IRA and its activities, please email to secretary.ira@gmail.com

Hoping to serve better and better.

Sapan Pandya

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